

MCC Midweek Devotion

Thursday - May 28th - 2020

Margaret Bohling

Scripture Passage: Psalm 29 (Read the devotion before reading the passage)

Devotional: Beginning in early 2015 and continuing for quite some time, I began a near-daily practice of camping out in the Psalms, from the final third of Psalm 22 through Psalm 34. I read through them, cried through them and prayed through them, but Psalm 29 stood out.

It begins with two verses of affirmation: “ascribe to the Lord glory and strength” and verse 2 continues: “Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.”

Verse 10 again brings us back to the Lord’s majesty: “The Lord sits enthroned over the flood; the Lord is enthroned as King forever.” Verse 11, the final one, offers a summation of the chapter and declares His gifts of two things: “The Lord gives strength to his people, the Lord blesses his people with peace.”

The psalm is like a workout with stretches to warm up, and again at the end to cool down. But what about the middle?

The phrase “The voice of the Lord” appears seven times, followed by descriptions of what it is over and how powerful it is. If you are sitting while you read through this psalm, I highly suggest that verses 3-9 be read with your hands raised high, and your voice strongly reading this aloud. Is He sovereign? Yes. Is He powerful? Yes. Is His voice majestic? Yes.

Is He capable of handling the water? Breaking the cedar? Shaking the desert? Twisting the oaks? Yes. Yes. Yes. And yes.

For an even more powerful spiritual workout, speak out to the Lord your concerns with your hands raised. List out every person, every situation, every detail that concerns you.

“The voice of the Lord is over _____.” Fill in the blank, as often as you need to. If journaling is more your thing, that can be helpful, too. Either way, address those concerns to Him, announce to Him that you know He is over them, and let Him have them. Get them out of your head and heart, and into His loving, strong, shepherd’s arms.

Repeat the phrase “The voice of the Lord is over _____” as often as you need to so that all your concerns are mentioned. You may find that there was more burdening your heart than you realized. It can also be used to praise, listing out the positives in celebration.

Whether you pour out your pleas or call out your kudos, as you finish this daily workout, you will be able to claim in your life the promises of verse 11: “The Lord gives strength to his people; the Lord blesses his people with peace.”